

Sacred Approach Healing Arts: Latest News



# Sacred Approach Healing Arts Newsletter

[Link To Sacred Approach Website](#)



Reiki



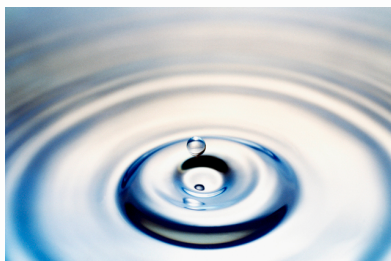
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BodyTalk

## Shift your consciousness, Heal your body.

As the cold weather sets in and we move inside, it's a very good time for self-reflection and self-care. Regular sessions with your energy medicine practitioner are a great option for maintaining your great health, and ridding yourself of on-going physical problems.



Energy medicine goes to the source - in a big way. Without the limitation of physical boundaries or the need for diagnosis, energy work is free to unearth and resolve core issues that result in ill health.



Essential Oils



Absuchan 'ka

While medication, surgery, structural adjustments and other physical responses to physical issues do a great and sometimes permanent job of alleviating symptoms, they don't easily go beyond the physical. Since the source of physical problems is rarely physical, getting to the core issues this way is very difficult.

Stresses on the body most typically come from emotions and thoughts. Unexpressed anger and fear, the nervous system stuck in a fight/flight state, trauma from the birth experience, the immune system in overwhelm, the belief in not being good enough are just a tiny few examples of states of mind that can block the flow of energy in your body and show up as painful physical symptoms. All of these, and an infinite number of other stressors are easily shifted through the relaxing and pleasant processes used in energy medicine.



#### Animal BodyTalk:



Don't forget to make an appointment

When these source problems are shifted, many, and eventually all of the symptoms you are experiencing that you would call illness melt away. This shifting that comes easily through energy medicine, is actually a shift in consciousness. That's why energy medicine is also called consciousness medicine. When you shift your consciousness, you heal your body.

Regular energy medicine sessions assure that you stay balanced and that core issues are addressed and resolved. To encourage you to book regular sessions,

for your pets, they will be very grateful...



Trust Your Body!

SacredApproach is adding a special 12 month subscription offer. Subscribe, then book monthly sessions (of any kind), and you will be billed \$63 per month. The regular session rate is \$90, so besides boosting your health and well-being, you'll be saving some cash!

Here's the link to the rates and specials page on the SacredApproach website:

<http://sacredapproach.com/rates.php>

I'm looking forward to seeing you soon!

Diana



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